

2025-2027 EXPEDITIONS

Antarctica, The Arctic, Grand Journeys & The Great Lakes of North America



THE WORLD OF VIKING

Uncover the untouched wilderness of Antarctica, the Arctic and North America's Great Lakes.

Vast and dramatic landscapes unfold in the polar regions, from monumental glacier-carved fjords, rugged mountain ranges and the icy Tundra, to the silent, glassy inlets populated only by whales and penguins, while North America's Great Lakes uncover national parks and the unique ecosystem of remote wilderness islands await your discovery.





THE VIKING STORY

How one man's vision led to a new way to sail

"We wanted to do things differently – and since then, our mission has resonated with curious travellers."

Torstein Hagen, Viking Chairman

WHEN TORSTEIN HAGEN FOUNDED VIKING

in 1997 with four river ships, he had few supporters and even fewer who believed in his vision. He was 54 years old and had spent much of his career in Norway in shipping, bearing witness to an industry that was ripe for change. Our Norwegian-born patriarch had a deep desire to create something different – and as anyone who has travelled with us will tell you, different is exactly what you get on a Viking voyage.

For more than 27 years our Chairman Torstein – who the Viking family knows simply as 'Tor' – has built an award-winning fleet of ships over 90 strong. First, we



set the standard for modern river cruises, then we reinvented ocean cruises with the launch of our award-winning small ship voyages and now we have perfected expedition voyages, with our state-of-the-art expedition ships, *Viking Octantis*, and *Viking Polaris*.

1997-1998 With the purchase of KD River Cruises, Viking becomes the largest river cruise operator in Europe

2005

Four state-of-theart Viking Longships launched, with patented layout and largest river cruise suites in Europe

2015

Viking adds four new ships custom built to navigate the Seine River, a new ship for the Nile and announces new Viking Expedition voyages

Viking River Cruises established by Torstein Hagen with the purchase of four river ships

Viking purchases nine additional ships and expands operations into the rivers of Europe 2000

Viking introduces
French balconies —
the first river cruise
line to do so

2012

Launch of Viking ocean voyages with *Viking Star* christened in Bergen, Norway 2020





A family-owned and operated business when we began, Viking remains a family-owned business to this day, with Tor ensuring his original vivid Viking vision is upheld with each passing year.

One needs only to see the beautiful spaces on our ships or take part in a unique shore excursion to feel his high standards and strong eye for detail.

Our award-winning ships are prized for their artfully designed, timeless interiors and our service is a lesson in thoughtful, intuitive attention. We strive for meaningful experiences in every itinerary, and our standout approach to child-free, casino-free, curiosity-fuelled cruising with more added value keeps our well-travelled guests coming back time and time again.

So if you join us every year to explore a new destination, welcome back. And if you're considering sailing with us for the first time, we look forward to welcoming you to the family.

We know you'll love exploring the world with us.

In our 25th year of business Viking launched:

- Viking Expeditions to Antarctica and North America's Great Lakes
- Our eighth ocean vessel Viking Neptune
- Viking Mississippi in the USA
- Viking Saigon on the Mekong, South East Asia
- Viking Osiris on the Nile, Egypt

The debut of Viking Vela, Viking's first 998 guest ship.

Viking China ocean voyages commence

Viking named #1 for River, #1 for Ocean, #1 for Expedition in the Condé Nast Traveller Reader's Choice Awards for the second year in a row

row **2025**

2021

OUR BIGGEST YEAR YET 2022

Viking adds a ninth ocean vessel Viking Saturn and an additional vessel on the Nile – Viking Aton

2023

2024

Two additional Egypt river vessels, Viking Amun and Viking Thoth to join the fleet on the Nile River

Viking Tonle to debut on the Mekong River in October 2025

new ship on Mekong River and takes delivery of its seventh ocean ship – Viking Venus

Viking announces

THE VIKING DIFFERENCE

Unforgettable journeys, tailored to you

AT VIKING, WE DO NOT TRY TO BE ALL THINGS TO ALL PEOPLE. Rather, our loyal guests continue to choose us every year because of our unique approach to cruising that is defined as much by the things we include as the things we leave out.

MORE INCLUSIONS

We don't underestimate the importance of good value, so we include more features and amenities in your cruise fare than most other cruise lines. All meals, wine and beer with lunch and dinner, one complimentary landing or shore excursion in every port of call, Wi-Fi, self-service laundries, gratuities and access to The Nordic Spa are included in your Viking fare.

MORE COMFORT

Our purpose-built expedition ships are customised to navigate the planet's most remote environments while providing superior handling, comfort and stability even in the roughest seas. An integrated bow creates a longer waterline for the ships and state-of-the-art fin stabilisers allow the ship to glide over the waves for the calmest possible journey. Ice-strengthened Polar Class hulls provide the safest way to explore and U-tank stabilisers significantly decrease rolling by up to 50 percent. An industry first, our internal marina, The Hangar, permits the launch of Special Operations Boats from directly inside the ship when weather and other conditions allow.

FASTER SHIPS

To reach Antarctica from Argentina, one must first sail the notoriously rough Drake Passage. The Viking expedition ships, each a Polar Class vessel with the latest stabilisation technology, are best equipped for making this journey. They are purpose-built to navigate the Drake Passage, which stretches nearly 1,000 kilometres between Cape Horn and Livingston Island in the South Shetland archipelago.



THE HANGAR

An industry first, our enclosed marina, The Hangar, permits the launch of Special Operations Boats through the ship's slipway when weather and other conditions allow, in addition to the side doors on Deck A.

EXPEDITION EXPERTS

Up to 36 experts will accompany each journey as part of the Viking Expedition Team, including an Expedition Leader and staff, photographer, field research scientists, general naturalists, mountain guides, kayak guides and specialists in ornithology, geology, higher predator biology and history.

SCIENCE AT SEA

Our ships have been designed as working research vessels. Not only do we have the most advanced venue for learning at sea and a fully equipped Science Laboratory, our excursions are accompanied by leading expedition experts and distinguished scientists, who encourage guests to participate in collaborative science activities and fieldwork, an





experience exclusive to Viking. These scientific opportunities provide a level of onboard education and enrichment never before seen on a cruise ship.

ENVIRONMENTALLY RESPONSIBLE

Our ships exceed the International Maritime Organization Energy Efficiency Design Index requirements by almost 36% and our dynamic positioning mode, enabling a "hover in place" preserves sensitive wildlife habitats on the sea floor. Our revolutionary incinerator process means we have zero emissions waste treatment.

NORDIC BALCONIES

There are balconies, and then there is the Viking Nordic Balcony: harnessing the Norwegian reverence for light and creating the optimal wildlife observatory at sea. Floor-to-ceiling, distortion-free glass at the very edge of the ship lets you take the views in while keeping the elements out. To feel even closer to nature, the top of your panoramic glass lowers to transform your stateroom into



a sheltered al fresco lookout, with an observation shelf at elbow level.

ATTENTION TO DETAIL

Our aim has always been to create a comfortable environment on board our ships, so we have focused on making things as straightforward and as easy to operate as possible. Our TV remote controls have just a few, intuitive buttons. Our bathrooms have spacious showers, simple-to-use controls and our toiletries are clearly labelled and feature flip-top caps. Power outlets in staterooms are plentiful and conveniently located. In public spaces, you will find square-backed chairs that are easier for hanging jackets. We've thought of every detail, so you can focus on exploring and learning about the destination.

WHAT VIKING IS NOT

We aren't just known for what we are. We are known for what we are not, too.

- No casinos
- No children under 18
- **No** charge for beer and wine with lunch and dinner
- No charge for alternative restaurants
- No charge for Wi-Fi
- **No** charge for use of self-service laundry
- No entrance fee for The Nordic Spa
- **No** inside staterooms
- No smoking
- **No** waiting in lines
- No nickel-and-diming

VIKING INCLUSIVE VALUE

Everything you need and nothing you don't





WHEN YOU'RE A GUEST ON A VIKING SHIP, we want you to feel at home, so go ahead and leave your wallet in your stateroom. We don't think you should have to spend every time you want a cup of coffee, a glass of wine or an excursion ashore, so we have designed our fares to include as many features and services as possible.

We know how important good value is to our guests, so our fares include everything that you need — from meals and beverages to shore excursions and free Wi-Fi — all for a single cruise fare. Likewise, our expeditions offer all the amenities you have come to expect from Viking and more. Chartered flights to hard-to-reach locales, Viking excursion gear for land and sea excursions and your own Viking Expedition kit for complete comfort while exploring.

HOW CAN WE OFFER THIS INCREDIBLE VALUE?

As a leading river and ocean cruise company, we already have an operational base that permits us certain efficiencies of scale. This applies to the world-wide buying power we leverage when it comes to operational costs.









Then, there is the efficient, state-of-the-art design of our ships. Our cleverly laid out ships with Nordic Balconies maximise your personal space without wasting an inch on extras.

Finally, we rigorously manage every element of our ships and guest experience with you in mind, so we can pass significant savings straight on to you every time you sail with us. It all adds up to the very best value in cruising.

"Viking Octantis merges luxury and adventure expeditions seamlessly, while awakening a spirit of discovery."

Sue Wallace, Freelance Travel Writer

INCLUDED IN YOUR FARE

Because it's important to you, we make sure it's included in the price

Our expedition voyages are excellent value for money. Take a closer look at everything that is included — from all of your onboard meals and 24-hour room service to unlimited Wi-Fi and access to The Nordic Spa.

We give you everything that you need to enjoy yourself at no extra charge.



STATEROOM

Our Nordic Balcony staterooms feature a king-size bed, a unique drying closet for your expedition equipment, in-suite binoculars and a mini-bar. Plus, the top of the floor-to-ceiling window opens up to create a sheltered al fresco lookout.



24-HOUR ROOM SERVICE

Complimentary breakfast in bed or dinner under the stars is just a phone call away.



CHOICE OF SIX DINING OPTIONS

With six dining options catering to every mood, you can choose to go where your tastebuds take you each day, at no extra cost.



BEVERAGES

Enjoy premium wines, beers and soft drinks with lunch and dinner in the dining venue of your choice.



NORDIC SPA FACILITIES

Chill out in the Snow Grotto, step into the steam room, relax on a heated bed or unwind in the hydrotherapy pool.



WI-FI

Stay connected with friends and family or catch up on some emails with free Wi-Fi on board.

"The restaurants on Viking Octantis are all included in the price, and they offer high-quality dishes with excellent variety, and demonstrate a real commitment to guests who have allergies and other dietary restrictions."

Colleen McDaniel, Editor Cruise Critic



ENRICHING PROGRAMS

Enjoy an exciting choice of live lectures and hands-on demonstrations that add even greater insight to your journey and the places that you visit.



EXCURSION GEAR

We provide everything you need to explore — from boots, trekking poles and binoculars to waterproof pants, snowshoes and skis.



EXPEDITION EXCURSIONS

We offer an included shore excursion or landing at every port or site, with virtually all activities are included in your cruise fare, with expert local guides and our experienced expedition team by your side.



TEA AND COFFEE

Help yourself to specialty teas, coffees and bottled water any time of the day or night while you're on board.



VIKING EXPEDITION JACKETS

As a memento of your journey, we give you a special Viking Expeditions Jacket (polar itineraries only) to use and take home with you.



NO NASTY SURPRISES

Wondering how much of a tip is customary when you're on board? No need. All staff gratuities, port charges and government taxes are taken care of in your fare.

THE THINKING PERSON'S EXPEDITION

Experiences created for curious travellers

WE ALL TRAVEL TO EXPLORE, TO LEARN, TO UNDERSTAND.

At Viking, we believe travel should be more than just a trip—it should be a gateway to insight and discoveries. We design our itineraries so our guests can explore and engage with the nature, culture, science and history of their destination.

VIKING EXPEDITIONS EXPAND ON THAT MISSION, journeying to the unexplored wilderness at the far reaches of the world. We have re-envisioned expedition voyages to facilitate exploration and scientific discovery. Even our ship details inform, from our mural of whales to our lifelike felt birds indigenous to the areas we visit, created with the assistance of Cornell Lab of Ornithology to ensure their accuracy.

BEFORE YOU TRAVEL, we provide materials to help you get the most out of your journey, from destination-specific photography advice to filmographies that inspire and recommended reading that enlightens.

ONBOARD ACTIVITIES are designed for the thinking traveller, with daily briefings and world-class lectures. You can engage with working scientists in The Science Lab or participate in citizen science programs.

ON SHORE, you can assist in fieldwork or interact through experiential activities. Guests can help identify migratory patterns, accompany scientists to collect samples or learn from a photography expert how to capture incredible landscapes.

GUESTS CONNECT with like-minded travellers on board our ships. And by journeys end, you should feel more connected—to our Viking Experts, resident scientists, newfound friends and the world.





While we offer a myriad of ways for our guests to indulge their curiosity on board, from informative lectures on history and wildlife to science demonstrations and musical performances, we also know that many of our guests' most treasured memories are of a much quieter nature: moments of speechless awe while following in the steps of intrepid explorers, or inner quietude while marvelling at wildlife and the changing landscapes passing by.

Our custom-built ships have been designed with floor-to-ceiling windows throughout, so that every corner of the ship is akin to a viewing platform. Your stateroom features an innovative Nordic Balcony, again with floor-to-ceiling windows with distortion-free glass that can be lowered to created a sheltered al fresco lookout. This means wherever you are onboard, you'll be immersed in some of the most breath-taking scenery on earth.

"A few hundred meters away, a humpback and her calf were feeding on krill: diving and surfacing again and again. Around me, close enough to touch, dozens of penguins leapt in and out of the water, like stitches gliding through silk. Aside from the splash of the penguins and the blow of the whales, the silence was absolute.

Alana Piper, Former Director of Ventures, The Australian Financial Review







SHIPS DESIGNED FOR EXPLORATION

Elegant vessels that bring you closer to your destination

A VIKING EXPEDITION is a thoroughly unique way to see some of the most remote and pristine regions on the planet, from the Great Lakes of North America to the ends of the earth and the world's last truly wild frontier - the Arctic and Antarctica.

EXPLORE THE WORLD

On an expedition, as guests of nature we follow its lead. We let the wildlife and the things we observe, like a magnificent glacier calving, set our flexible agenda.

We strive to capture incredible moments as they occur, resulting in a unique experience every time we set sail. Excursions and shore landings, led by our highly skilled Expedition Team, offer unparalleled views of remote landscapes and incredible wildlife

Like the great explorers who have ventured before you, we believe that flexibility and opportunity go hand in hand, often leading to the most surprising and delightful discoveries.

Activities range from relaxing to active. Zodiac excursions and shore landings give you incredible opportunities to view and photograph wildlife, while optional excursions such as submarine rides or tastings at local vineyards provide a different perspective of your destination.

Participating in ongoing scientific research with our Viking scientists will get you closer to your destination and provide a deeper understanding of your environment.



"The hardware is essential, but it's the human resources
- senior scientists in fields as diverse as glaciology, whale
genetics, volcanology and oceanography - that bring hundreds
of combined years of scientific knowledge onboard."

Kristie Kellahan, Freelance Travel Writer



DISCOVERIES ON BOARD

The state-of-the-art *Viking Octantis* and *Viking Polaris* are amongst the most advanced and comfortable expedition vessels to cruise to Antarctica, the Arctic and around North America's Great Lakes. When you're not out discovering the landscapes and culture of your destination, there is plenty to keep you entertained onboard.

Experience the ultimate healthy Nordic traditions and a covered outside badestamp in the state-of-the-art The Nordic Spa, participate in citizen science activities alongside Vikings' scientists in The Science Laboratory or visit Expedition Central to learn more about your destination.

Stroll the promenade deck, stopping to learn about whales, birds and other sightings from our ornithologists, and marine biologists. Join a lecture in The Aula on the history and culture of your destination or curl up in the Living Room with a book from our onboard library, expertly curated by the prestigious London Bookshop Heywood Hill.







VIKING OCTANTIS & VIKING POLARIS

Perfecting expedition voyages

GUESTS: 378 LENGTH: 665 FT. BEAM: 77 FT.

World Café

Offering a wide variety of international flavours in casually elegant surroundings, including a seafood and sushi bar; grill and open galley as well as a 24-hour bakery and coffee station.

Aquavit Terrace

Enjoy al fresco dining or a drink

while taking in the spectacular

beauty that surrounds you.

The Pools with Retractable Dome Admire the scenery of vast wilderness — from polar ice fields to coniferous forests — from this heated sanctuary of three different

from polar ice fields to conferous forests from this heated sanctuary of three different temperature pools, including an "inside-out" pass-through swimming experience.

The Aula

This Viking-exclusive auditorium boasts floor-to-ceiling windows for stunning 270° views.

Finse Terrace

An outdoor sanctuary — with comfortable seating and lava rock "firepits" — perfect for panoramic views of the natural surroundings.

The Hangar

A first among expedition ships, the enclosed in-ship marina permits the launch of Special Operations Boats through the ship's slipway when conditions allow.

The Science Laboratory

Complete with dry and wet capabilities, learn about and participate in research taking place in the onboard science centre.

Fitness Centre

Featuring cardio machines, an open space for yoga or Pilates and an onboard personal trainer.

The Nordic Spa

Experience the ultimate healthy Nordic traditions and a covered outside *badestamp*.

U-tank stabiliser

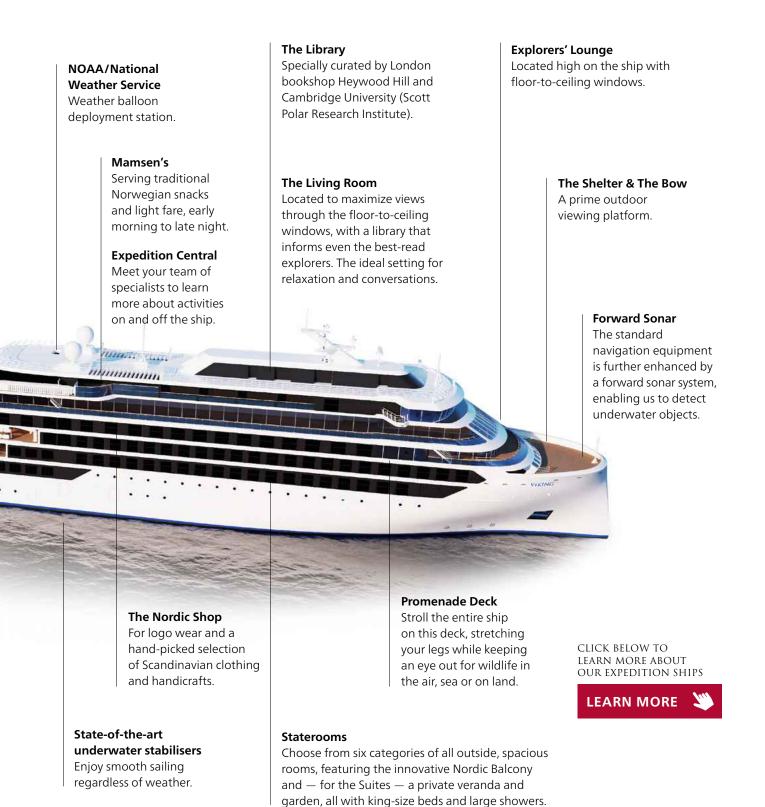
Reduces rolling by nearly 50% when the ships are stationary.

Manfredi's

From hearty Tuscan fare to Rome's renowned dishes, Manfredi's serves the finest Italian cuisine.

The Restaurant

Serving regional dishes, Scandinavian specialties and always-available classics. Optimally designed for expeditions—our identical sister ships are small enough to navigate remote polar regions and inland canals, while large enough to provide superior handling and stability in rough seas.



INNOVATIVE EXPEDITION SPACES

Unique custom-designed spaces to enhance your experience

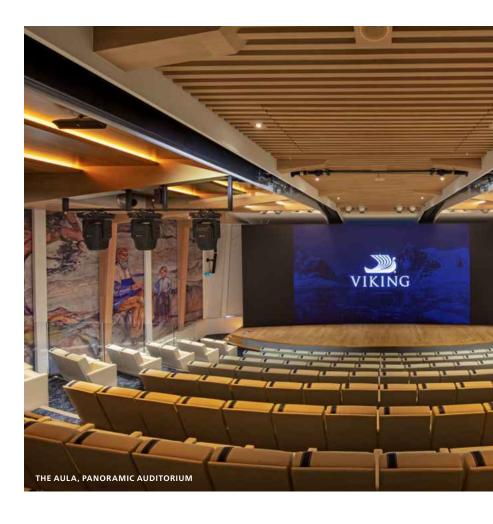
THE AULA SETS A NEW STANDARD.

With the advent of The Aula, Viking has created the world's most advanced venue for learning at sea. The Aula, a stunning panoramic auditorium, was inspired by the University of Oslo's famed Aula ceremonial hall, which used to be the venue for the Nobel Peace Prize ceremony. This unique space on our expedition ships features a 4K laser-projected panoramic screen spanning nearly the entire width of the room, and is used for lectures, daily briefings, science presentations and films. Tiered seating ensures optimal views from every location, and plentiful Marius-weave blankets provide comfort. When closed, the onboard auditorium's window shades depict replicas of Edvard Munch's famous works of art that are on display in the namesake hall, including History, The Sun and Alma

Mater. But The Aula is so much more, because the panoramic screen retracts, cantilevering up into the ceiling and exposing a wall of windows.

AN INDUSTRY-FIRST ENRICHMENT VENUE

WITH 270° VIEWS. With floor-to-ceiling glass on three sides of the auditorium, nature takes centre stage. In addition, two large bottom windows slide open, providing access to the adjacent al fresco Finse Terrace, allowing guests to enjoy the unique indoor-outdoor experience, immersed in nature. Envision a Viking Resident Scientist lecturing on cephalopods while guests catch a glimpse of breaching humpbacks; or relaxing on the heated seats by the lava rock "firepits" on the Finse Terrace with a Viking ornithologist.



Lectures can even be presented with the windows unencumbered by the panoramic screen—with a smaller, pop-up screen.

"I attend talks about whales and harmful algae blooms. Whales are fascinating, of course. But who knew that a lecturer could draw me in with a talk about algae? It happened!"

John Roberts, Freelance Travel Writer

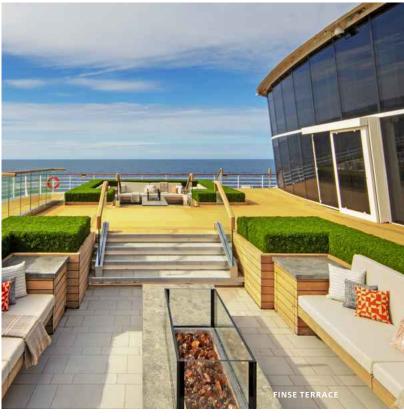


EXPEDITION CENTRAL

The hub for our expedition teams to consult with guests on their expedition activities and to share their knowledge about destinations on a one-on-one basis. With the aid of 3D printed maps, digital screens and a state-of-the-art spatial data visualisation chart table.









THE HANGAR

An industry first, this enclosed in-ship marina permits the launch of Special Operations Boats through the ship's slipway, in addition to the side doors on Deck A. The Hangar can be used for the embarkation of Special Operation Boats when weather and other conditions allow. Guests can observe activity in The Hangar from windows on

Deck 1, watching small boat maintenance and biosecurity protocols. This space also features FerryBoxes, instruments continuously collecting and displaying data on water quality, oxygen content, plankton composition and more.

"The ship's Hangar full of toys gives passengers a glimpse of what to expect wherever they sail with the ship. It currently houses 16 kayaks, 17 zodiacs, two special operations boats, and two yellow submarines."

Meagan Spurrell, Senior Editor at Condé Nast Traveler





THE SCIENCE LABORATORY

A working science lab developed in consultation with Cambridge University and other academic partners, it supports a range of research activities and is equipped with wet and dry laboratory capabilities, a sample-processing area, fume cupboard, freezer/cool storage, comprehensive microscope optics and space for analysis-specific instruments. Guests receive supervised laboratory access to learn from and participate with scientists undertaking primary research, an experience unique to Viking. Field samples collected during excursions, optional submarine dives and landings are analysed, interpreted and discussed with guests, providing stimulating engagement and unique insight into how data is collected in remote locations to inform global conservation decisions.

OUTFITTED FOR ADVENTURE

Everything you need is provided



Viking Expedition Kit From the use of the boots and binoculars to your outer jacket and waterproof pants, everything you need is included.

24



Safety Equipment
Each excursion carries a
full range of safety gear
including satellite phones,
VHF radios, ropes, life
jackets and a comprehensive
shore survival kit.



Viking Excursion Gear Specialty items like trekking poles, snowshoes and skis are included for any relevant excursions.



EXPEDITION EQUIPMENT

A variety of ways to explore – at no extra charge

The Hangar

A Viking exclusive, an enclosed marina sheltered from wind and waves.

Easy Launch Access

Nine shell doors located around the ship enable launching from the most protected section of the ship:

Two Military-Grade, 12-Seater Convertible Special Operations Boats

These oceangoing Special Operations Boats are built for exploration. A dual water jet system, individually suspended seats and—when converted to a covered boat—the option to sit in an enclosed cabin are all industry-leading features.

Please note: Activities are subject to availability, may not be suitable for all guests and are weather dependent.



EXPEDITION EXPERIENCES

Shore excursions designed to take you closer

AS A VIKING EXPLORER, YOU'VE PROBABLY VISITED COUNTLESS COUNTRIES, engaged with dozens of fascinating cultures, and taken home more treasured memories than you ever thought possible. But as every modern explorer knows – no matter how many magnificent places you visit, there is always another one out there, just waiting to be seen.

A VIKING VOYAGE OPENS UP THE POSSIBILITIES OF WHERE THAT NEXT DESTINATION MIGHT BE,

putting some of the planet's most wondrous, once-out-of-reach places firmly in your grasp. And with Viking, we always aim to take you deeper into each new destination you would like to explore.

VIKING EXPEDITIONS OFFER A VARIETY OF

EXCURSIONS so you can experience your destination in the way that interests you most. Virtually all activities are included in your fare to ensure you maximise your discoveries. Landings and excursions offer incredible views of remote landscapes and

remarkable wildlife and are led by an experienced team of experts highly skilled in operating in rugged and polar environments.

ENJOY INCLUDED EXPERIENCES such as snowshoeing through the magnificent polar landscapes, kayaking in still, icy inlets or riding a Zodiac to observe majestic wildlife in their natural habitats. And take comfort in knowing that all the gear needed for your excursions is provided.

SCIENCE IS AN IMPORTANT ASPECT OF YOUR

EXPERIENCE. Participate in collaborative science during your excursions with experiential activities or fieldwork, facilitated via landings by Zodiac, Special Operations Boat cruising or optional submarine journeys.

At Viking, we firmly believe it is important for us to support research efforts and new scientific discoveries, and we provide every opportunity for our guests to further their understanding of the world around them.

"As soon as the first icebergs appeared on the horizon, the cynicism began cracking off me in large frozen chunks. There are no words for the scale of the vistas down here, nor for the sense of awe and wonder they draw forth.

The sheer beauty breaks you open."

Alana Piper, Former Director of Ventures, The Australian Financial Review









SCIENCE AT SEA

Contribute to scientific studies alongside Viking scientists

OUR SHIPS HAVE BEEN DESIGNED AS
WORKING RESEARCH VESSELS and we have
created the world's leading scientific enrichment
environment in an expedition setting. Exclusive
partnerships with the Scott Polar Research
Institute at Cambridge University, The Cornell
Lab of Ornithology and the National Oceanic and
Atmospheric Administration (NOAA)—as well
as other prestigious scientific institutions—will
match leading researchers and educators with
each expedition.

During each expedition, visiting researchers from partner institutions are part of the 36-person Viking Expedition Team. This diverse group of experts lead guests through meaningful scientific work, guiding and interpreting during shore excursions or within The Science Laboratory.

SCIENCE ON BOARD AND ON SHORE

On board, guests will enjoy daily briefings and world-class lectures about their destination – and engage with working scientists from renowned academic institutions in The Science Laboratory or participate directly in citizen science programs.

On shore, guests can assist in fieldwork or interact through experiential activities during landings – such as monitoring birds to help identify migratory patterns, or accompanying scientists to collect samples.





CITIZEN SCIENCE

Citizen science is a collaboration between scientists and the general public to collect data, conduct scientific research and analyse the findings with the goal of allowing everyday people to contribute to the scientific community and learn more about unique environments and the challenges they face.

When we created The Thinking Person's Expedition our intention was that every expedition would provide opportunities for discovery. During each voyage, guests can participate in real, significant science that contributes to research and ultimately to the publication of scientific papers. Our scientific approach centres on having the platform to explore with the personnel to interpret what is found. By taking part in Viking's Citizen Science Program you can gain a deeper understanding of the natural world and the importance of protecting fragile environments like Antarctica.

Viking hosts a NASA-funded program of Scripps Institution of Oceanography, allowing guests to engage in research and public education through novel citizen science sampling of polar phytoplankton for genetic population analyses.

Viking Octantis and Viking Polaris have also been designated National Oceanic and Atmospheric Administration (NOAA) weather stations, from which we launch weather balloons.

As a citizen scientist you could participate in activities such as the Happy Whale program which identifies and tracks individual whale movements, or the FjordPhyto plankton research program which investigates how melting glaciers are affecting phytoplankton diversity.

"I never enjoyed science classes at school. Yet here I am in Antarctica, rushing back from a penguin colony visit to an ornithology lecture, happily risking frostnip to watch the release of a weather balloon and tracking whales with the sort of laser focus I normally apply to tracking down online shopping bargains."

Kristie Kellahan, Freelance Travel Writer

EXCLUSIVE SCIENTIFIC PARTNERSHIPS

Viking Resident Scientists provide invaluable insight

TOGETHER WITH OUR SCIENTIFIC PARTNERS,

Viking will continually contribute to meaningful science while exploring the most remote parts of the world. Our Science & Sustainability division is led by Dr. Damon Stanwell-Smith, a marine biologist with a 27-year career managing polar research, including several years in the Antarctic. Our Viking scientific advisory committee is chaired by Professor Julian Dowdeswell, former Director of the Scott Polar Research Institute, and consists of several leading scientific institutions in atmospheric sciences, botany, glaciology, marine biology and ornithology.

OUR ONBOARD EXPEDITION PROGRAM is

designed to prepare guests for their onshore experiences, with up to 36 experts accompanying each journey including our Viking Expedition Team and Viking scientists.

"During my cruise, I find it somewhat dizzying to learn about the many different strands of study and how they link in with various institutions – the Cornell Lab of Ornithology and the US National Oceanic and Atmospheric Administration among them."

Emma Featherstone, Freelance Travel Writer





KEY PARTNERS

Our lead partner is the University of Cambridge's Scott Polar Research Institute, whose scientists will conduct fieldwork and share their expertise with our guests. This is underpinned by a Viking endowment for scientific research of the polar regions.





UNIVERSITY OF CAMBRIDGE & SCOTT POLAR RESEARCH INSTITUTE

Scientists will undertake fieldwork on board our expedition ships and join our voyages to share their expertise with our guests. Viking is sponsoring a Chair-Viking Professorship of Polar Marine Geo-science.



AKVAPLAN-NIVA

Akvaplan-niva scientists are engaged in cross-disciplinary research programs on water related issues. On our ships, the NIVA FerryBoxes are installed to sample sea and lake water to provide continuous information about oxygen levels, temperature, salinity and other data.



THE CORNELL LAB OF ORNITHOLOGY

Ornithologists will regularly be on board, field testing new observation methods and providing guest advice and interaction.



THE POLAR CITIZEN SCIENCE COLLECTIVE

Creates opportunities for research and public education through citizen science, leveraging the reach of polar travellers to enhance understanding and protection of the fragile polar regions.



NATIONAL OCEANIC AND ATMOSPHERIC ADMINISTRATION & GREAT LAKES ENVIRONMENTAL RESEARCH LABORATORY

Conducts innovative research on the dynamic environments and ecosystems of the Great Lakes and coastal regions. Our ships have been designated weather stations, from which we launch weather balloons.



IAATO & AECO

Viking holds a provisional membership with the International Association of Antarctica Tour Operators (IAATO) and Association of Arctic Expedition Cruise Operators (AECO).



NORWEGIAN POLAR INSTITUTE

Permitting authorities approving all of Viking's science activities in Antarctica.

EXPEDITION & NAUTICAL TEAM

Explore Antarctica and the Arctic with experienced leaders





OUR EXPEDITIONS SENIOR MANAGEMENT TEAM,

with an average of 31 years of polar experience per person, oversees all aspects of the expedition, from onboard lectures and enrichment to landings and watercraft excursions.

JØRN HENRIKSEN (NORWAY), DIRECTOR OF

EXPEDITION OPERATIONS, was born and raised in Arctic Norway. With over 31 years of experience, he spent 25 years working with polar expeditions in the Svalbard archipelago. After leading hiking and skiing trips, as well as glacier traverses, he has been focusing on shipborne expedition voyages in both polar regions. Jørn has also worked to improve the industry standards of expedition voyages as a member of the executive committee of the International Association of Antarctica Tour Operators (IAATO).

AARON LAWTON (CANADA), EXPEDITION OPERATIONS

MANAGER, is a fellow of the Royal Canadian Geographical Society, has 30 years of expeditions experience and has been a kayak guide on more than 150 voyages to the Arctic and Antarctic polar regions throughout his career. He currently serves as the Chair of the IAATO Field Operations Committee.









OUR EXPERIENCED CAPTAINS, who have an average of 28 years of sailing experience and more than 15 years of expedition experience, helm our state-of-the-art ships, leading a skilled team of staff and crew.

THE VIKING EXPEDITION TEAM comes from diverse backgrounds and are all leaders in their respective fields. With an average of 20 years of polar expeditions experience per team member, our guests are being led by some of the most qualified experts in the industry, ensuring safety, education and immersive experiences on board every voyage.

MEMBERS OF THE TEAM TYPICALLY INCLUDE:

- Expedition Leader & Program Coordinator
- Field Research Coordinator/Oceanographer
- Specialists (Ornithology, Geology, Higher Predator Biology & History)
- Submarine Pilots
- General Naturalists, Mountain Guides and Kayak Guides
- Field Research Scientists
- Photographer

ENVIRONMENTALLY CONSIDERATE

A new standard for responsible travel

WHILE EXPLORING THE MOST PRISTINE PLACES

ON EARTH, we are guests of nature. Our expedition ships have set a new standard for responsible travel. Built for exploration in sensitive environments, our ships are designed to be as considerate to the environment as possible.

FUEL EFFICIENT SHIP DESIGN

Our ships exceed the International Maritime Organization (IMO) Energy Efficiency Design Index (EEDI) requirements by almost 36%. This includes:

- Integrated bow creating a longer waterline and less water resistance, providing more efficient propulsion and less fuel consumption
- Engines with heat recovery systems
- Azipod Electric Propulsion with pod enclosed motors providing 4% energy savings
- Shore power allows us to run on electricity while in port

MARVELS OF TECHNOLOGY

Our expedition ships have a dynamic positioning mode, enabling a "hover in place" when anchoring is difficult or prohibited. This preserves sensitive wildlife habitats on the sea floor and provides safer, more comfortable embarkation of excursion craft. A revolutionary chemical incinerator process also means we have zero emissions waste treatment.

BUILT FOR EXPLORATION

The SILENT-E notation, one of the highest levels of DNV certification for quiet ship propulsion, ensures we minimise underwater noise pollution. Continuous oceanographic monitoring from a suite of sensors (FerryBoxes) provides data to our scientific partners and contributes to the global understanding of the environment. While weather balloons are deployed to track weather patterns and measure atmospheric changes to help predict global weather forecasts.





PROTECTING FLORA AND FAUNA

Bird safe lighting mode is a proprietary lighting mode developed in partnership with The Cornell Lab of Ornithology, to deter birds from being attracted to the onboard lights. We advocated for and implemented 'Whale Safe Speeds' in geofenced areas of Antarctica to provide better viewing opportunities and maintain whale safety. Our strict biosecurity measures protect the native flora and fauna to which we sail. Our special boot washing machines ensure we do not contaminate vulnerable remote environments with non-native flora or pathogens, or transplant foreign organisms to local flora.

"We are now perfecting expedition voyages and offering curious travellers the opportunity to visit the world's most pristine destinations in the most responsible way possible."

Torstein Hagen, Viking Chairman







SAIL IN SCANDINAVIAN STYLE

Innovative, light-filled spaces where comfort meets discovery

WE PUT GREAT EFFORT INTO ENVISIONING WHAT AN EXPEDITION SHOULD BE.

The result is a distinctly Viking experience from the moment you set foot on board. Our expedition ships are customised to navigate the planet's most remote environments but offer the same comfort as our ocean and river ships. Slip into the easy elegance of Nordic furnishings, refined finishes and panoramic views from any spot on the ship.

OPEN AND SERENE SCANDINAVIAN SPACES greet you throughout. Settle into the Aquavit Bar for an afternoon Irish coffee or stop by The Living Room to listen to a classical trio. Recharge in the Sauna or work out in our Fitness Center. Perhaps enjoy a Nordic bathing ritual with an invigorating hot and cold experience moving from our Snow Grotto into a *badestamp*.









EVERY ROOM IS A VIEWING ROOM by the outdoor lava rock "firepit" or curling up in the comfort of your own stateroom, all with breathtaking vistas. These ships are the ideal place to take in the unique beauty of your destination.

NORDIC INSPIRATION

With inspiration pulled from the exploratory spirit of the original Vikings, you'll encounter our Nordic heritage in every storied space on board our expedition ships. Clean lines, warm blonde joinery and touches of slate nod to our forbears' connection to the natural world, while leather and colourful woven textiles recall the patterns of early Norwegian craftsmen.

"The ship is designed to connect the indoors and outdoors.

The Bow and The Shelter, forward on Deck 3, are prime spots for stepping outside to view wildlife, mountains, glaciers and icebergs."

John Roberts, Freelance Travel Writer



STATEROOMS DESIGNED FOR MAXIMUM COMFORT AND VIEWS

No matter the stateroom, a sophisticated space with all the creature comforts is yours to enjoy

NORDIC BALCONY

There are balconies, and then there is the Viking Nordic Balcony: harnessing the Norwegian reverence for light and creating the optimal wildlife observatory at sea. Floor-to-ceiling, distortion-free glass at the very edge of the ship lets you take in the views while keeping the elements out. There is no veranda impeding your view, no intrusion to your elegant living space, no detail overlooked in our quest to connect you more closely with the places you seek to explore.

And should you wish to feel even closer to nature, the top of your panoramic glass lowers to transform your stateroom into a sheltered al fresco lookout, with an observation shelf at elbow level to stabilise binoculars or photograph the majestic wilderness as you glide by. Breathe in the pure air and listen to the sound of a breaching whale or the unique whistle of a bald eagle as you savour your morning coffee or sip a nightcap in comfort.



NORDIC BALCONY | 21 SQ. M

Our comfortable staterooms are designed to maximise observation. Sweeping views are yours from your private Nordic Balcony. Each stateroom features our king-size Viking Explorer Bed with luxury linens, a mini-bar with soft drinks, water and snacks, binoculars, a Marius-weave blanket, our floor-to-ceiling drying closet for your Viking Expedition Kit, and an elegant bathroom with a spacious shower, heated floor and premium amenities.



DELUXE NORDIC BALCONY | 21 SQ. M

Start your day with a steaming coffee while feeling immersed in the spectacular scenery right outside your Nordic Balcony. Our Deluxe Nordic Balcony staterooms feature all the amenities of a Nordic Balcony stateroom with the addition of an in-suite coffee maker, a guaranteed priority restaurant reservation at The Restaurant or Manfredi's, spa treatment priority bookings and priority expedition activity reservation.



NORDIC PENTHOUSE | 25 SQ. M

The spacious Nordic Penthouse stateroom features all the amenities of our Deluxe Nordic Balcony stateroom with the addition of welcome champagne, a mini-bar with alcoholic beverages, soft drinks, water and snacks replenished daily as well as pressing and shoe shine services. Guests will also receive two guaranteed priority restaurant reservations at each alternative restaurant, priority expedition activity reservations and priority booking of spa treatments.

ALL VIKING STATEROOMS FEATURE

- King-sized bed (optional twin-bed configuration) with luxury linens & pillows
- 55" OLED flat-screen TV featuring CNN, CBC, MBC2, belN SPORTS
- Interactive TV with complimentary movies and documentaries, as well as Viking.TV proprietary content, lectures and expert interviews
- Mini-bar
- 24-hour room service

- Floor-to-ceiling heated drying closets for expeditions gear
- Spacious glass-enclosed shower
- Heated bathroom flooring and anti-fog mirrors
- Premium Freyja® toiletries
- Hair dryer
- 110/220 volt outlets & USB ports
- Free Wi-Fi
- Meopta Optika MeoPro 8x42 binoculars



VIKING SUITES

Designed for maximum comfort



Sophisticated and elegant, our suites are the ideal surrounding for remote, rugged destinations. With additional storage and seating plus an expanded bathroom, all suites include welcome champagne, a fully stocked mini-bar, complimentary laundry, priority restaurant reservations and all the amenities of our regular Nordic Balcony staterooms.



NORDIC JUNIOR SUITES | 30 SQ. M

Our Nordic Junior Suites feature Viking's signature wood detailing and provides an elegant surrounding for remote and rugged destinations. They include our revolutionary Nordic Balcony, more storage and seating than our Nordic staterooms. Amenities include an expanded bathroom with extended shower and double sinks, welcome champagne, a fully-stocked mini-bar replenished daily, priority restaurant reservations, complimentary laundry, pressing and more.

IN ADDITION TO ALL STANDARD STATEROOM AMENITIES, YOUR NORDIC JUNIOR SUITE INCLUDES:

- One 55" OLED flat-screen TV
- Welcome bottle of Champagne
- Priority spa reservations 80 days before departure
- Priority dining reservations 80 days before departure
- Priority shore excursion reservations 57 days before departure
- Three guaranteed reservations in each alternative restaurant
- 11AM embarkation and priority suite access
- Mini bar stocked with snacks and beverages, replenished daily
- Complimentary laundry and dry cleaning



EXPLORER SUITES | 54 SQ. M

Spanning an incredible 54 SQ. M, the Viking Explorer Suites are more akin to an apartment at sea than an ship's stateroom. All-inclusive and unmistakably exclusive, Viking Explorer Suites come with the abundance of extra perks and amenities to be expected of this luxurious class of accommodation, beginning long before embarkation. Explorer Suites are 80% larger than junior suites, with two separate rooms, a Nordic Balcony and private veranda, spacious bathroom and private access to our Explorer Suites Garden. With only four Explorer Suites on board, be sure to book yours early.

IN ADDITION TO ALL STANDARD STATEROOM AMENITIES, YOUR EXPLORER SUITE INCLUDES:

- One 55" OLED flat-screen TV and an additional 42" flat-screen interactive LCD TV
- Welcome bottle of Champagne
- Priority spa reservations 90 days before departure
- Priority dining reservations 90 days before departure
- Priority shore excursion reservations 67 days before departure
- Three guaranteed reservations in each alternative restaurant
- 11AM embarkation and priority suite access
- Mini bar stocked with snacks and beverages, replenished daily
- Complimentary laundry and dry cleaning

THE OWNER'S SUITE

Your residence at sea

where Chairman Torstein Hagen stays when he's onboard our ships – the Owner's Suite. In this distinguished home at sea, you will experience

unparalleled accommodation inspired by the places he has lived, replete with a selection of his favourite art, books, music, games and personal memorabilia.

At 114 sq m our Owner's Suite features a private garden lounge area and an outdoor Norwegian hot tub known as a *badestamp*. Inside you'll find a spacious living area, a separate dining room and a boardroom for those who would like to continue working while exploring the world.













THE OWNER'S SUITE FEATURES:

- Panoramic ocean-view, multi-room suite with private Nordic Balcony, private garden lounge area with badestamp, separate dining area/boardroom seating six, and private library, wine & music collections curated by Chairman Torstein Hagen.
- Priority Embarkation
- 11 AM priority stateroom access
- Expedition activity reservations 67 days prior to departure
- 4 guaranteed priority reservations at each alternative restaurant 100 days prior to departure
- First priority spa treatment bookings 100 days prior to departure
- King-size Viking Explorer Bed with luxury linens & pillows
- Free Wi-Fi
- 55" OLED flat-screen TV featuring CNN, CBC, MBC2, belN Sports
- Two additional 42" flat-screen interactive LCD TVs with intuitive remote & complimentary Movies on Demand in suite
- 110/220 volt outlets & USB ports
- Large master bathroom with spacious glass-enclosed shower, double-sink vanity, heated floor, anti-fog mirror & hair dryer, plus guest bathroom
- Premium Freyja toiletries
- Plush robes & slippers
- Direct-dial satellite phone & cell service
- Security safe
- Binoculars
- Traditional Norwegian Marius-weave blanket
- Individual climate control
- Purified water refilled daily
- Welcome bottle of Veuve Clicquot champagne
- Mini-bar with alcoholic beverages, soft drinks, water & premium snacks (replenished once daily)
- Personal coffee machine with premium coffee & tea selections
- Stateroom steward & twice-daily housekeeping
- Daily personalised tea or pre-dinner cocktail & canapés on request
- Dinner & guided tour with ship officers (subject to availability)
- Complimentary laundry, pressing & shoe shine services
- Silver Spirits beverage package included
- Floor-to-ceiling drying closet
- Spacious walk-in closet with wooden hangers & drawers
- Under-bed suitcase storage space

YOUR CULINARY JOURNEY

Choose from six dining options, all at no additional charge

A GREAT DAY BEGINS on board your ship with a selection of healthy culinary options to fuel your adventure. Choose from a wide range of dishes, from breakfast classics to simple but nourishing fare inspired by Norwegian tradition.

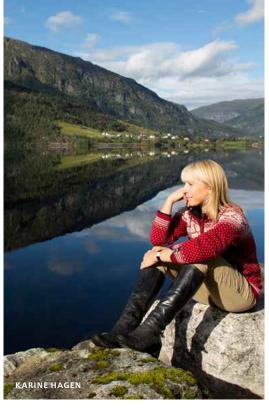
FOLLOW UP A SPIRITED EXCURSION to a penguin-populated isle or kayaking Lake Superior's emerald waters with a delicious meal on board your ship. We have an array of unique options to tempt you: The Restaurant and our alternative Italian restaurant, Manfredi's, offer world-class fine dining, while more casual dishes can be found at The World Café. For lighter fare, try Mamsen's Norwegian offerings, baked delicacies from our 24-hour bakery or room service.





"My father Torstein and I worked closely with our culinary team to bring our favourite Norwegian foods on board to share with our guests. These range from the Chairman's Choice poached salmon to my Grandmother Mamsen's traditional waffle recipe, offered in her namesake gourmet deli the same way I had it as a child — with traditional brown goat cheese — served on replicas of Mamsen's dishware, complete with the 'Tor Viking' logo."







THE RESTAURANT

Our elegant dining venue, The Restaurant, offers our ultimate onboard dining experience. Regional cuisines and always-available classics are served surrounded by sweeping exterior views.



MAMSEN'S NORWEGIAN DELI

Named for "Mamsen", the Hagen family matriarch, this venue offers Norwegian specialties including waffles according to Mamsen's original recipe, open-faced sandwiches and split pea soup.



AQUAVIT TERRACE

Enjoy mulled wine, hot chocolate or shipmatured aquavit and relax with new friends in this Viking-inspired, light-filled space while taking in the stunning beauty that surrounds you.



MANFREDI'S

Inspired by Italy's beloved trattorias, Manfredi's Italian Restaurant offers the best of Italian cuisine, as well as a private dining room — providing the perfect opportunity to have an intimate meal with family or friends.



THE WORLD CAFÉ

With live cooking, an open kitchen and premium seafood/sushi choices and a grill, the casual World Café provides a vibrant interactive experience and a wide range of international flavours.



24-HOUR OPTIONS

Our bakery offers a variety of delicious breads and pastries at any hour. Or enjoy many of our signature dishes in the comfort of your stateroom with 24-hour room service.

A TOAST TO YOUR VOYAGE

The perfect wine pairing and more atmospheric bars? We'll drink to that

WE KNOW THAT A REFRESHING BEER with lunch or a full-bodied red with dinner can really round off a perfect dining experience, so we make sure wine and beer are included with your onboard lunches and dinners. You can also enjoy specialty tea and coffee and bottled water throughout your journey, at no charge.

You can also bring your own wine, beer and spirits on board to enjoy anywhere on the ship, and we'll never charge you a corkage fee, it's just another way we make you feel at home.

And for those who like to wind down with a cocktail after another beautiful day at sea or exploring ashore, you can do so for less than what you would pay back home. Enjoy beer, wine and spirits from US\$6.50, or explore our extensive beverage selection onboard with a Silver Spirits Beverage Package. The only question is – which bar will you choose to enjoy your drinks in?







SILVER SPIRITS BEVERAGE PACKAGE

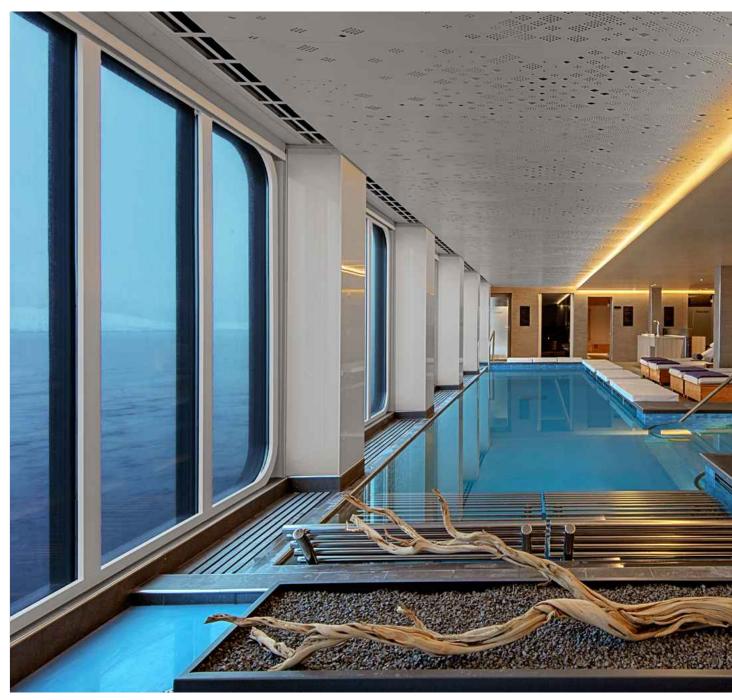
From just US\$27 per person per day access unlimited premium wine, house champagne, sparkling wine, beer and a selection of spirits.

THE LIVING ROOM BAR

The Living Room's clinker-built bar, inspired by ancient Viking longships, is perhaps the most charming at sea. Located at the heart of the ship, it is the ideal setting to relax with a drink and catch up with new friends.

THE EXPLORERS' LOUNGE

With two-storey panoramic windows ensuring incredible views are always on display, the Explorers' Lounge is inspired by epic journeys of discovery. There's no better place to share a glass of wine with friends and take in the magnificence of our world.



"The Nordic Spa comprises a spacious section with a heated lap pool, a massive wall-to-ceiling window and a line of well-cushioned lounge chairs. Around the pool is a series of doors including a sauna, cold water shower; snow grotto and steam room."

Kate Armstrong, Freelance Travel Writer







RECHARGE In the spa

Enjoy some 'me time' in The Nordic Spa, at no extra cost

EVERYONE DESERVES TO BE PAMPERED every now and then, and we make this easier than ever on our expedition ships by offering all guests complimentary access to The Nordic Spa facilities.

Our stylishly designed, peaceful onboard spa draws upon the holistic wellness philosophy of Scandinavian culture – a lifestyle rooted in finding synergy between physical, mental, emotional and social being. At The Nordic Spa you can give your mind, body and spirit what it needs, at any time throughout your voyage.

Wade in the calming hydrotherapy pool, detoxify in the steam room or meditate on the heated beds. If you feel like working up a sweat, embrace the true spirit of the vikings with the centuries-old Nordic bathing ritual of hot-cold therapy to detoxify the body, relax tired muscles and boost circulation.

THE VIKING NORDIC BATHING RITUAL

Detoxify while breathing in the rich scent of pine in the wood-heated sauna, then stimulate your circulatory system by plunging into a cold pool. Revisit the sauna before experiencing the Snow Grotto – where snowflakes gently descend from the ceiling through chilled air.

With a menu of optional spa treatments available, you also have the opportunity to leave your wellbeing needs to the experts. Book in with one of the Viking therapists and unwind with a deep tissue massage, uplifting facial or one of our many beauty treatments such as a blow-dry, manicure or pedicure. And with no sales pressure, you can truly relax. Why not treat yourself?



AWARD-WINNING SERVICE

Thoughtful attention from dedicated staff

WE PREFER GENUINE, PERSONABLE SERVICE

guests feel completely comfortable. Demonstrating impeccable hospitality without excessive formality, nothing is too much trouble for our staff members, who effortlessly create a relaxed, warm and inviting atmosphere so you can settle in from the moment you arrive.

Whether a stateroom steward or one of our captains – many of whom hail from Norway, keeping a longheld Nordic sailing tradition alive – everything our team members do is to make your time with us as memorable as possible Their esteemed reputation that crosses oceans and continents is one of the main reasons people choose to travel with Viking over other cruise lines, again and again.

ONLY THE VERY BEST. Our knowledgeable and highly experienced Swiss management oversees your entire journey and handpicks each member of our onboard team. Rigorous training and inspiring leadership have also made Viking the employer of choice.

A WARM WELCOME. We are dedicated to ensuring everyone feels at home on board our ships. We have the most loyal staff in the industry—with more than 90% returning year after year—so you can expect familiar faces and the same quality service every time you travel with us.







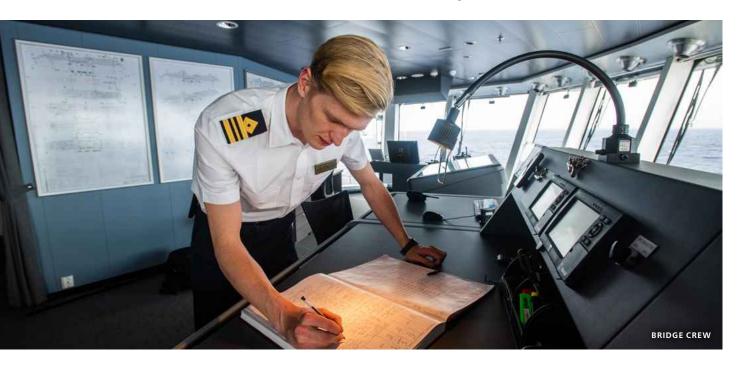
SPECIAL TREATMENT

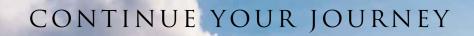
Will housekeeping leave extra filtered water in your room? Will a waiter learn your favourite wine? Is it possible for members of your ship's crew to feel like good friends? Yes, if they work for Viking.

OUR SERVICE GUARANTEE

When you have the best people, you have the best staff - and at Viking we have both. We are so confident we will exceed your expectations that we are the only cruise line to guarantee its award-winning service.







See more of the world with Viking's pre and post extension packages

MORE DAYS MEANS MORE TIME TO DISCOVER. Our meticulously curated extension packages can be added before or after your Viking voyage when booking. Whether it is more time in an embarkation or disembarkation city or to visit a new destination altogether, we have designed extension programs all over the world to be the perfect complement to your itinerary.

CENTRALLY LOCATED FIRST-CLASS HOTELS. All Viking extensions include stays at a centrally located First-Class hotels, various daily meals, airport transfers and the services of a dedicated Viking Host - a local expert who can assist you in planning and personalising your time.













BEFORE YOU EMBARK On your expedition

How to prepare for the journey of a lifetime

IS A MEDICAL FORM NECESSARY? For itineraries that travel to the Arctic and Antarctica, every guest must submit a completed Medical Assessment form and ensure their doctor completes and submits a Health Evaluation form at least 30 days prior to voyage departure.

DO I NEED TRAVEL PROTECTION? For guests participating in a Viking Expeditions journey, it is strongly recommended that each guest obtain suitable travel and/or flight insurance before your travel. Viking is not responsible for any costs incurred due to medical issues.

VOYAGES TO ANTARCTICA AND THE ARCTIC PRESENT UNIQUE AND UNPREDICTABLE CHALLENGES DUE TO THEIR REMOTE AND EXTREME ENVIRONMENTS. Travel insurance provides protection against unexpected disruptions, ensuring you are prepared for such events and provides peace of mind throughout your journey. It is strongly recommended that each guest also have Medical Evacuation Insurance coverage for a minimum of \$250,000. Expedition voyages visit locations where there are limited or no medical facilities. Although our onboard medical centre has basic medications and equipment and is staffed by a qualified physician and nurse, medical evacuation may be difficult or impossible.





SETTING OFF ON A POLAR EXPEDITION requires thoughtful planning ahead of time, particularly when it comes to packing. Viking provides each guest with essential expedition gear. A windproof, waterproof, hooded parka designed for Viking's expeditions will be given to you on board the ship and is yours to keep.

WE WILL ALSO PROVIDE YOU WITH A WATERPROOF LIGHT NYLON JACKET, as well as waterproof and windproof pants are also provided - crucial for navigating shore landings and protecting you from spray during Zodiac rides. You will also be given a pair of sturdy, waterproof boots for excursions, ensuring your feet stay dry and warm.

WHEN PACKING, BE SURE TO ACCOUNT FOR LAYERS AND WATERPROOF ITEMS to protect yourself from the elements. Start with moisture-wicking base layers made of merino wool or synthetic materials that will keep you warm and dry by wicking sweat away from your body. When it comes to excursions, pack a warm beanie, neck gaiter, and waterproof gloves with removable finger caps for taking photos. Layered gloves are recommended for added warmth and dexterity, and you can attach them to your jacket so they're easier to take off and put on. Investment in high-quality, warm socks would be ideal for these voyages, and we suggest layering thin and thick wool socks can help keep your feet warm and dry.

DON'T FORGET SUNGLASSES WITH UV PROTECTION, SUNSCREEN, LIP BALM, AND A REUSABLE WATER BOTTLE. A waterproof backpack and dry bags are useful for protecting your gear during wet landings. Viking will also provide you with trekking poles and binoculars to help ensure you experience every single unique vista along your cruising journey, but you could also bring a cell phone lanyard to secure your phone around your neck and make it easy to capture more of the breathtaking scenery. If you are interested in photography, a good camera with extra batteries and memory cards is essential as the stunning landscapes and unique wildlife provide endless photo opportunities.

LIFE IN THE POLAR REGIONS

An ever-changing landscape





ENCOUNTER VAST ICY PLAINS THAT STRETCH

ENDLESSLY, with blue-tinged glaciers and towering mountains. Icebergs drift quietly, their crystalline forms glistening in the sun, dominate the serene polar waters. Enchanting bays, carved by ancient forces, invite exploration and unveil secrets frozen in time. These polar realms stand as testaments to the raw power and fragile harmony that exist within Earth's most extreme and mesmerising corners.

ON A VIKING EXPEDITION, WE GIVE YOU MORE WAYS TO EXPLORE MORE OFTEN. Whether you are captivated by the awe-inspiring landscapes depicted in cinematic travel documentaries or enchanted by the fascinating tales of nature, Viking is dedicated to delivering an exceptional experience.









ZODIAC EXCURSIONS AND SHORE LANDINGS GIVE YOU UNPARALLELED OPPORTUNITIES TO VIEW AND PHOTOGRAPH

LANDSCAPES, while optional excursions such as submarine rides give a different perspective of your destination. Participating in ongoing scientific research with our Viking scientists will get you closer to your destination and provide a deeper understanding of your environment.

EXPEDITION EXCURSIONS ARE DICTATED BY NATURE. Whether your ship has come across a colony of wildlife, an iceberg calving or a clear day of sunshine, every day brings a surprise, and with that, excursion options change on a day-by-day basis. This means that once on-board, you can check in daily about your options to explore and book in whichever sparks your curiosity the most.